



Breakfast

Please help yourself to:

Fresh Fruit Salad
Yoghurt

Orange Juice
Pink Grapefruit Juice
Apple Juice

Cereals & Dried Fruit with Semi-skimmed Milk
(please ask for soya milk)

Your order will be taken for:

Porridge

Kipper Fillet

Bacon
Sausages
(Please ask for vegetarian sausages)
Black Pudding

Eggs fried, poached, scrambled or boiled

Tomatoes
Mushrooms
Baked Beans
Fried Bread
Hash Browns

Brown or white toast and Preserves
(Please ask for gluten-free bread or rice cakes)
Butter *(please ask for dairy-free spread)*

Tea
Herbal Tea *(please see the tea box)*
Filter Coffee

Please ask a member of staff for information about allergens contained in dishes on this menu.